

These community organizations need your time and support. To volunteer, please contact them directly:

**Coast Mental Health** (Mental Health)

[www.coastmentalhealth.com](http://www.coastmentalhealth.com)

Email Val @ [valm@coastmentalhealth.com](mailto:valm@coastmentalhealth.com)

**Covenant House** (Youth)

[www.covenanthousebc.org](http://www.covenanthousebc.org)

Email Anne @ [mccartney@covenanthousebc.org](mailto:mccartney@covenanthousebc.org) for more info

**Downtown Eastside Women's Centre** (Women & Children)

[www.dewc.ca](http://www.dewc.ca)

Contact Sara @ 604-681-8480 ext 224

**The Kettle Friendship Society** (Mental Health)

[www.thekettle.ca](http://www.thekettle.ca)

Contact Eleanor @ 604-251-1126

**Lookout Emergency Aid Society** (Mental Health & Addiction)

[www.lookoutsociety.bc.ca](http://www.lookoutsociety.bc.ca)

Email Karen @ [kareny@lookoutsociety.ca](mailto:kareny@lookoutsociety.ca) for more information

**Raincity Housing** (Mental Health & Addiction)

[www.raincityhousing.org](http://www.raincityhousing.org)

Email [info@raincityhousing.org](mailto:info@raincityhousing.org)

**Sheway** (Women and Children)

[www.vch.ca](http://www.vch.ca)

Contact Genvieve @ 604 216 1699

**Union Gospel Mission** (Homeless Adults)

[www.ugm.ca](http://www.ugm.ca)

Contact Joanne @ 604-215-5442 ext 321

**Urban Native Youth Association** (Aboriginal Youth)

[www.unya.bc.ca](http://www.unya.bc.ca)

Email [info@unya.bc.ca](mailto:info@unya.bc.ca) for more info