## Building a community of connection starts with you!

### **Adapted Therapeutic Community (ATC) Facilitator Training**

Join an international network of trained ATC faculty to learn an evidence-based experiential model that involves fun and engaging activities. This is a model that you can make available in your community.

#### Six Core Principles For Personal Growth



# What will you learn in ATC Facilitator Training?

Learn how to create 'Community as Method' using the six elements to empower groups of people to help each other achieve their goals whether it is pursuing a life free of crime and/or substance use, recovering from a mental health challenge, or simply seeking personal improvement.

An ATC is a community space where *the same individuals meet weekly* - that begins with an opening circle, followed by a short group activity, communal food sharing, a second activity, and a closing circle – all within a reasonable commitment of time (3-5 hours) 1-3 days/week.

In essence...an ATC taps the power of Community as Method and instills hope.

Participants become aware of their natural tendencies – in terms of their participation style; body language; tone of voice; thoughts, attitudes, and behaviours; and the impact each of these has on others around them.

They can then decide who they want to be, start making changes, and seek the support and feedback of the community. Over time, using small steps, along with ATC support, they will become the person they choose.

## You're invited to training!

This training is suitable for support workers, peer workers, counsellors, psychologists, physicians, clergy, Elders, volunteers, nurses, social workers – anyone interested in implementing an Adapted Therapeutic Community.

Space is limited – register now!

### Two 3-day courses to choose from:

- 1) September 13-15, 2023
- 2) September 18-20, 2023

#### Location:

 Manning Park Resort 7500 HWY #3, Manning Park, BC

#### Cost:

 We are pleased to offer the ATC Facilitator Training for \$200/participant (\$1,695 savings) which includes accommodations, meals, training, and continuing education.

Limited financial assistance is available for those who demonstrate a need.



Thank you to Streetohome for their generous sponsorship of this training opportunity.

To register, please contact Sherry Mumford at <a href="mailto:smumford@bcaddictionrecovery.ca">smumford@bcaddictionrecovery.ca</a>















