



ATC FACILITATOR TRAINING

Community as Method

Adapted Therapeutic Communities (ATCs) use six core principles to empower groups of people to help each other achieve their goals – whether it is pursuing a life free of crime and/or substance use, recovering from a mental health challenge, or simply seeking personal improvement. To this end, Streetohome is sponsoring the Living Learning Experience (LLE) for BC organizations seeking to bring the Adapted Therapeutic Community (ATC) model to their community.

These modified therapeutic communities have the advantage of **ensuring members' therapy happens alongside real life**, which helps them reconnect and/or build relationships with others outside the ATC, gaining socialization opportunities and communal support. Whether it's incorporating ATCs into existing services, or a stand-alone program, the model will contribute to improved outcomes within housing, substance use, corrections and mental wellness sectors.

The model **can be readily implemented** in shelters, supportive housing, community centres, libraries, places of worship, neighbourhood houses, hospital inpatients units, treatment programs, recovery community centres, drop-in centres, corrections facilities and recovery housing.





An Evidence-Based, Sustainable Model

To successfully implement the model, interested organizations should experience the ATC “from the other side” – as a participating member of the therapeutic community. This is done by taking part in a Living Learning Experience (LLE) where participants develop practical skills in the way they relate to, communicate with, and interact among others.

· **Designed as an authentic, three-day immersion in a therapeutic community, taking place entirely in groups with a structured program of activities**

· **Powerful and effective environment for learning and personal development in a short time frame, promoting reflective practice, enabling environments, and emotionally safe working practices**

Streetohome has sponsored two three-day LLEs in Canada, the sixth country in the world to host such an opportunity (England, Italy, Australia, India, Portugal) with the U.S. soon to follow. Five international faculty will provide pro bono support to equip 48 facilitators with the knowledge, skills, and experience to offer an ATC in their home community. Train-the-trainer opportunities will be included so that ATC facilitation can be scaled across the province of BC over time. Ongoing oversight of ATC model development involves a partnership with BC Addiction Recovery Association.

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is hosting more ATC Trainings - Check back with us!



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