



Women & Families Centre

Empower Women to Recover Their Lives

Most programs require mothers to complete substance use treatment without their children, but evidence shows that keeping moms and children together during the recovery journey is beneficial to both.

The Women and Families Centre incorporates evidence-based programs that minimize stigma while providing practical and emotional support for both recovery and parenting.

Attachment & Biobehavioral Catch-up (ABC) is a preventative parenting program that coaches mothers to nurture and respond sensitively. ABC helps them learn skills that they themselves did not necessarily experience as children, securing maternal-child relationships and fostering healthy childhood development.

Family-Based Recovery (FBR) combines treatments for parental recovery and parent-child support. A mother's joy of attaching securely with their children and satisfaction they find in parenting reinforces their recovery.

*“I knew I had to make a choice.
I had to choose if I wanted
to let the cycle of what had
happened to me as a child
repeat itself with my son – or
if I was going to be the one to
break it. I chose my life, and
my son’s life.”*

*-Marlee, UGM Sanctuary
Guest*

Better Futures for Mothers and Children

The purpose-built facility will fill a gap in the current addiction recovery and homelessness services system. It will prevent many women, and women with children, from falling through the cracks. Women are supported in every step of their recovery journey, while living in a real home with their children where they are able to grow their strength, independence, and parenting skills. This will assure better outcomes for both mother and child.

Building construction is nearly complete, with doors opening in November 2021.



The Women & Families Centre Provides:

- Opportunities for mothers and children to **stay together during substance use recovery**, and family reunification in cases where children have been removed from care
- Evidence-based programs and supports that **minimize stigma and provide practical and emotional support** for recovery and parenting
- 36 longer-term addiction recovery housing units with **wraparound supports under one roof**, including daycare and employment training
- Recovery stabilization support to ensure that women are housed, become healthy enough and ready to **commit to the hard work of parenting and recovery**

Streethome is fundraising \$720,000.

Change lives and build better futures with us!

Please contact us if you're interested in learning more.
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www.  streethome.org